



Recreation Programs

in Sacramento County

Handout #1

Healthy Children, Strong Families, Caring Communities

Recreation programs in Sacramento County offer a wide variety of activities for children, adults and seniors.

North Area

Arcade Creek Recreation Center
482-8377
www.arcadecreekrecreation.com

Arden Manor Recreation & Park District
487-7851
www.amrpd.org

Arden Park Recreation & Park District
483-6069
www.aprpd.org

Carmichael Recreation & Park District/
La Sierra Center
483-7826
www.carmichaelpark.com

Fair Oaks Recreation & Park District
966-1036
www.fairoakspark.org

Fulton-El Camino Recreation & Park
District
927-3802
www.fecrecpark.org

Mission Oaks Recreation & Park District
488-2810
www.morpd.com

Mutual Assistance Network of Del Paso
Heights
927-7694
www.mutualassistance.org

Natomas Service Center
808-6503
www.cityofsacramento.org

Northeast Family YMCA
483-6426
www.sacymca.org

North Highlands Recreation & Park
District
332-7440
www.nhrpd.org



Orangevale Recreation & Park District
988-6140
www.orangevalecommunitycenter.com

Rio Linda-Elverta Recreation & Park
District
991-5929
www.riolindaelvertaparks.org

Sunrise Recreation & Park District
725-1585
www.sunriseparks.org

South Area

Cosumnes Community Services District
405-5300
www.yourcsd.com

Salvation Army Community Center
452-9388
www.salvationarmy.org

Southgate Recreation and Park District
428-7334
www.southgaterecandpark.net

Other Resources

Boys & Girls Club of Greater
Sacramento
392-1350
www.bgcsac.org

City of Sacramento Department of Parks
and Recreation
808-5200
www.cityofsacramento.org/parksandrecreation

Cordova Recreation & Park District
362-1841
www.crpdp.com

Folsom Recreation & Parks District
355-7285
www.folsom.ca.us

Galt Recreation & Parks District
209/366-7180
www.ci.galt.ca.us

YMCA of Greater Sacramento
452-9622
www.sacymca.org