



The Quality Child Care Collaborative presents a **FREE** training on

Understanding Your Teen



This workshop will be presented by Diane J. Wilson, credentialed parent educator. This workshop will include Information on:

- Developmental tasks of adolescence
- Limit setting
- Sexuality
- Trust & responsibility
- Logical consequences and contracts
- Conflict resolution

Thursday, April 7, 2005

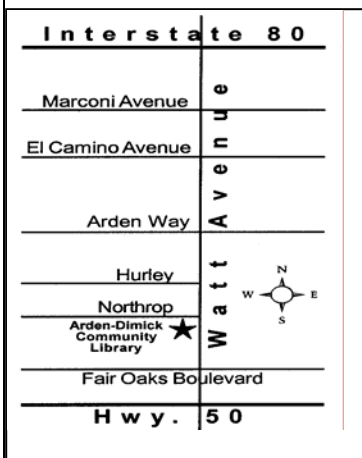
6:30 – 8:30 pm

Arden-Dimick Community Library

891 Watt Avenue, Sacramento, 95864

Sorry, playcare will not be available.

Space is limited for this FREE training. Please call Child Action, Inc. to register at 916/369-0191. For additional information on this and other trainings, please check our website at www.childaction.org.



Directions to Sacramento Public Library Arden-Dimick Branch:

From Interstate 80: Take the Watt Ave. exit off I-80; make a left at the signal light at the end of the off ramp. Proceed south on Watt Ave. past Arden Way, then watch for Northrop on your right. The Library is on the corner of Watt Ave. and Northrop.

From Hwy 50: Take the Watt Ave. north exit off Hwy 50. Proceed north on Watt Ave. past Fair Oaks Blvd., then watch on your left for Northrop, the library is at the corner of Watt Ave. and Northrop.

The Quality Child Care Collaborative is a project funded by the First 5 Sacramento Commission.