

# Family Child Care at Its Best A Series of Early Care and Education Classes



Sponsored by the Center for Excellence in Child Development, UC Davis  
Funded by Child Development Division of California Department of Education

- **Making the Connection with Infants and Toddlers**  
Saturday, April 9, 2005  
9:00am-2:30pm
- **Managing Difficult Behavior**  
Saturday, April 16, 2005  
9:00am-2:30pm
- **Culturally Consistent Care**  
Saturday, April 30, 2005  
9:00am-2:30pm
- **Loss, Trauma and Young Children**  
Saturday, May 7, 2005  
9:00am-2:30pm
- **Setting Limits with Love**  
Saturday, May 14, 2005  
9:00am-2:30pm
- **Partnering with Parents**  
Saturday, May 21, 2005  
9:00am-5:00pm

**You are invited to attend, free of charge.**

The "Family Child Care at Its Best" series is offered free of charge to *family child care providers*, both licensed and license-exempt.

**To register for these workshops, call Child Action Inc. at (916) 369-0191.**

## Workshop Location

Arden-Dimick Community Library  
891 Watt Avenue  
Sacramento, CA 95864

If you need directions, please ask Child Action Inc. when you call to register.

## New! Academic Credit

Academic credit students will be expected to complete a reading and writing assignment in order to receive a passing grade. Participants will receive 0.1 academic units for each hour of class. For example, a 5 hour class earns .5 units.

## About the Center for Excellence in Child Development

UC Davis' Center for Excellence in Child Development engages in learning partnerships to improve the lives of young children. Family Child Care at Its Best is funded by the Child Development Division of the California Department of Education. For further information, contact Janna McKay or Diane Harkins of the Center for Excellence in Child Development at (530) 757-8643.

Please see course descriptions on the reverse side of this flyer.

# A Series of Early Care and Education Classes

## Family Child Care at its Best

### **Making the Connection with Infants and Toddlers (.5 unit)**

During this workshop, you'll learn about and discuss

- the emotional growth of young children
- trust building with babies and parents
- temperamental differences in both children and adults
- following the child's lead in establishing a relationship

### **Managing Difficult Behavior (.5 unit)**

During this workshop, you'll learn about and discuss

- preventing difficult situations before they happen
- working with parents as a team
- developing observation skills to understand children's behaviors
- communication skills

### **Culturally Consistent Care (.5 unit)**

During this workshop, you'll learn about and discuss

- becoming aware of our own cultural values and practices
- providing care that is consistent with the child's home culture
- identity development in young children
- communicating with parents about cultural issues

### **Loss, Trauma and Young Children (.75 unit)**

During this workshop, you'll learn about and discuss

- behavioral indicators of trauma
- strategies to help children cope with loss
- prevention measures for SIDS
- prevention of on-site injuries

### **Setting Limits with Love (.5 unit)**

During this workshop, you'll learn about and discuss

- principles of behavior management
- natural and logical consequences
- parenting styles and cultural practices
- working with parents to address problems

### **Partnering with Parents (.75 unit)**

During this workshop, you'll learn about and discuss

- active listening skills
- parent involvement in your program
- addressing parents' feelings
- conflict resolution